

Lesson 16: Alleluia

I know at least one word in Hebrew, and it's Alleluia!

After sitting for a while, it's time for everyone to stand up, get the blood running again, fill up your lungs with air, and sing out *Alleluia!* It's the Hebrew word which literally means "Praise the Lord." We stand up because the most important reading is about to be read out loud. That's the Gospel.

We sing the Alleluia before the Gospel, except in Lent. On weekdays, if not sung, the Alleluia may be omitted.

Don't you find it fascinating that Jesus would have sung the Alleluia (it's a Hebrew word, after all) in the Synagogue in Nazareth on the Sabbath when He was a youngster? It literally means "Praise Yahweh."