



Structure and Flow of a Faith-Sharing Session

Suggested Format (1 ½ hours)

Gather (Step 1) *15 minutes*

Elements

- Introductions first time only
- Opening Prayer 5 minutes
- Living Our Faith 10 minutes

Breaking Open Our Story (Step 2) *15 minutes*

Elements

- Reflection, based on experience 5 minutes
- A question or two 10 minutes

Breaking Open God's Story (Step 3) *40 minutes*

Elements

- Scripture Reading 5 minutes
- Moment of reflection and brief, sharing prompted by the Scripture 5 minutes
- A reflection 10 minutes
- Three questions to prompt sharing 20 minutes

Invitation to Act (Step 4) *20 minutes*

Elements

- Commitment to an action, and suggestions for actions 15 minutes
- Closing Prayer 5 minutes

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