

22<sup>nd</sup> Sunday in Ordinary Time

September 3, 2023

Matthew 16: 21 – 27

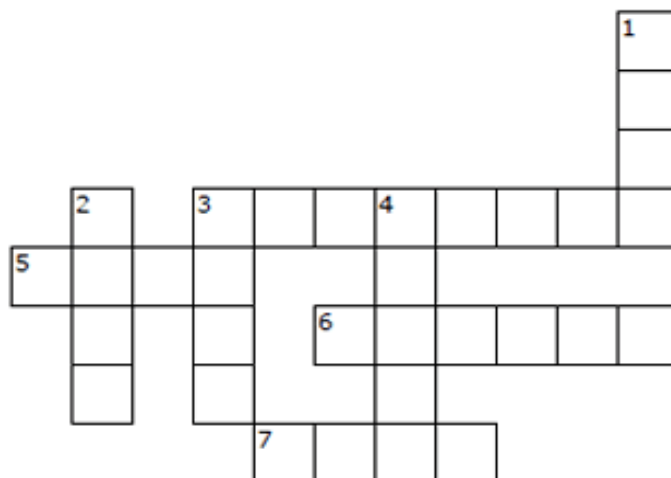


**I will follow Jesus.**

# Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. Matthew 16:24 (NIV)

Based on Matthew 16:22-28 (NIV)



## ACROSS

3. One who believes in Christ and follows his teachings
5. The period between birth and death
6. To accept the leadership of someone
7. To no longer have something because it has been taken away from you or misplaced

## DOWN

1. To keep something from harm or loss
2. To discover something unexpectedly or as a result of a search
3. To refuse to allow yourself to have something you want
4. The object upon which Jesus was crucified

FIND	LIFE	DISCIPLE	FOLLOW
DENY	CROSS	SAVE	LOSE

# Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. Matthew 16:24 (NIV)

Based on Matthew 16:22-28 (NIV)



X M V Q X O V J W J O U Z E X  
Q Z P E P F Y A B W M P R X W  
E F V A L F O R F E I T O I J  
T A F E C F I N N B I W L M U  
S R S U E L F Q M Z D L M W V  
Q I P E C X G S I V D S T R P  
P R V Q U R C F L M L U P E F  
R I Y F Y E O H S T D O L L L  
G E Q N O Z V S A F A O S L Z  
L I E Y N L A N S N H W G E K  
O D H O Q F L V R W G L A S V  
F G F H L K T O L I F E I O V  
I W O R L D O D W T U I N U C  
N I Y O O S U Q C G B Q Y L L  
D H T P D T V E P J M U H Z Y

GIVE  
FIND  
SELF  
DENY

EXCHANGE  
SAVE  
SOUL  
WORLD

GOOD  
CROSS  
FOLLOW  
FORFEIT

WHOLE  
GAIN  
LOSE  
LIFE

# Take Up Your Cross

---

Complete the sentences by filling in the blanks with the correct words from the word bank at the bottom of the page.



1. To be a follower of Christ, one must \_\_\_\_\_ self.
2. Jesus said, "\_\_\_\_\_ up your \_\_\_\_\_ and \_\_\_\_\_ me."
3. Whoever wants to \_\_\_\_\_ his \_\_\_\_\_ will lose it.
4. Whoever \_\_\_\_\_ his life for the cause of Christ will find it.
5. What good is it if you \_\_\_\_\_ the whole \_\_\_\_\_, but lose your \_\_\_\_\_?

Matthew 16:24-26 (NIV)

world	Take	life	gain	save
follow	deny	soul	loses	cross



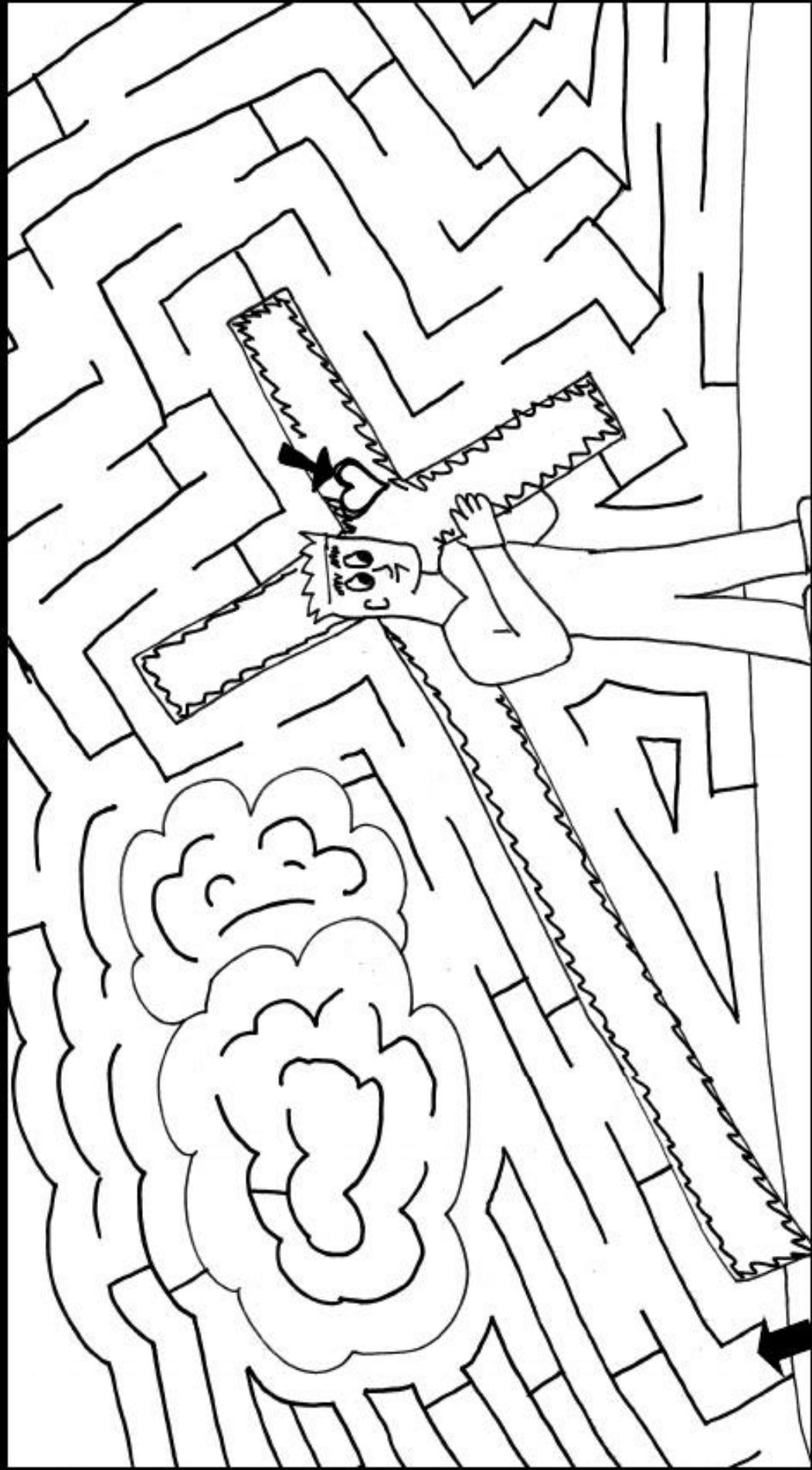
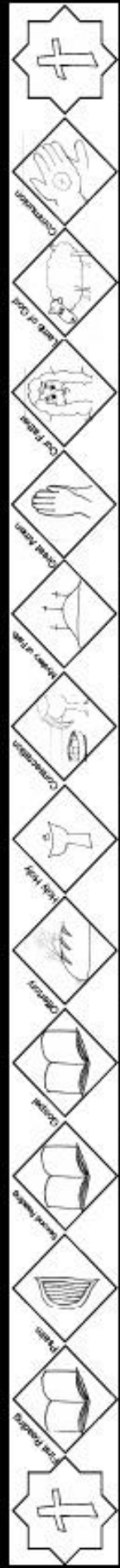
# Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. Matthew 16:24 (NIV)

Choose the word that best matches the definition.



- \_\_\_ 1. One who believes in Christ and follows his teachings  
A. disciple B. self C. Satan D. angel
- \_\_\_ 2. To refuse to allow yourself to have something you want  
A. life B. save C. deny D. disciple
- \_\_\_ 3. The object upon which Jesus was crucified  
A. chair B. bed C. world D. cross
- \_\_\_ 4. To accept the leadership of someone  
A. follow B. disciple C. find D. lose
- \_\_\_ 5. To keep something from harm or loss  
A. find B. save C. lose D. follow
- \_\_\_ 6. To no longer have something because it has been taken away from you or misplaced  
A. save B. find C. follow D. lose
- \_\_\_ 7. To discover something unexpectedly or as a result of a search  
A. deny B. find C. save D. life
- \_\_\_ 8. The period between birth and death  
A. lose B. disciple C. save D. life



Jesus said, "Whoever wishes to come after me must deny himself, take up his cross, and follow me."



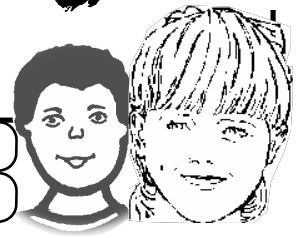
# Speak, Lord

S.D.C.  
SOCIETAS  
DOCTRINÆ  
CHRISTIANÆ  
www.sdc.me.uk

Jeremiah 20:7-9  
Psalm 62  
Romans 12:1-2  
Matthew 16:21-27

SUNDAY LITURGY FOR CHILDREN

Year A — 22nd Sunday in Ordinary Time

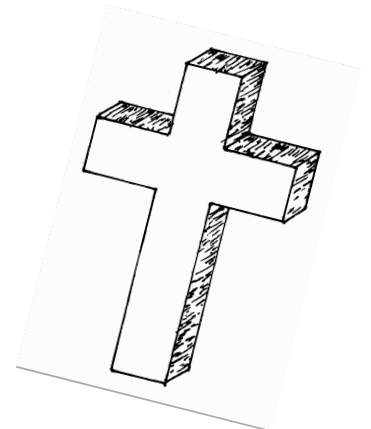


**JESUS SAID:  
"I AM GOING  
TO SUFFER."**



Then he said:

**"THOSE WHO WANT TO  
FOLLOW ME MUST CARRY  
THEIR CROSS TOO."**



Draw a picture  
or write  
about  
how can  
you be a  
follower  
of  
Jesus.

## PRAYER

Help me Jesus when I find something hard to do.