

Third Sunday of Lent

March 8, 2026

John 4: 5 - 42



Jesus and the Samaritan Woman
John 4

The Woman at the Well



Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." John 4:10 (NIV)

Choose the word that best matches the definition.

- ___ 1. An adult female
A. man B. girl C. boy D. woman
- ___ 2. A deep hole in the ground from which we get water
A. well B. drink C. water D. thirst
- ___ 3. A clear, colorless liquid which is necessary for life
A. thirst B. well C. water D. drink
- ___ 4. To take in liquid through the mouth
A. drink B. eat C. thirst D. well
- ___ 5. The need or desire to drink something, especially water
A. thirst B. drink C. well D. hunger
- ___ 6. The man to whom a woman is married
A. son B. husband C. uncle D. father
- ___ 7. A person who tells what will happen in the future
A. Samaritan B. woman C. prophet D. husband
- ___ 8. The one expected to come and save the world
A. Jacob B. Joseph C. Samaritan D. Messiah

The Woman at the Well

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Complete the activity. If you need help, you can find the answers in John 4:7-10. (NIV)

A number of words have been removed from the text and placed in a word bank. Use the words from the word bank to fill in the blanks in the text. Write the words in the blanks provided.

So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. Jacob's _____ was there, and _____, tired as he was from the journey, sat down by the well. It was about the sixth hour.

When a Samaritan _____ came to draw _____, Jesus said to her, "Will you give me a _____?" (His disciples had gone into the town to buy _____.)

The Samaritan woman said to him, "You are a Jew and I am a _____ woman. How can you ask me for a drink?" (For _____ do not associate with Samaritans.)

Jesus answered her, "If you knew the _____ of God and who it is that asks you for a drink, you would have asked him and he would have given you _____ water."

John 4:7-10 (NIV)

living drink	woman food	Samaritan gift	Jews Jesus	well water
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The Woman at the Well

Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." John 4:10 (NIV)



The puzzle is based on John 4:5-26 (NIV)

1. Find the hidden words. The words have been placed horizontally, vertically, or diagonally. When you locate a word, draw a circle around it.

A F X V C K G I F T P U S S D
M Z Y M R S C V Y H R I R O Z
V N Q P J B C M E I O W T U E
R B F G Q N F U F R P O N H O
M P M A L I F E E S H M J C K
L F C H M U K Q Q T E A R H G
D S P R I N G H Z Y T N R X O
W E L L L I V I N G D R I N K
I M U M T U I G B D U P E B H
V E R K T M Z Y U V D O T E W
J S S A M A R I T A N N E F A
E S B L E H U S B A N D R P T
S I U D Q A H Y R K T A N K E
U A Q P B O K M O T O N A S R
S H Z U M R Y P H D E Q L Y F

PROPHET
LIVING
THIRSTY

WELL
WATER
LIFE

GIFT
ETERNAL
SPRING

DRINK
JESUS
SAMARITAN

MESSIAH
WOMAN
HUSBAND

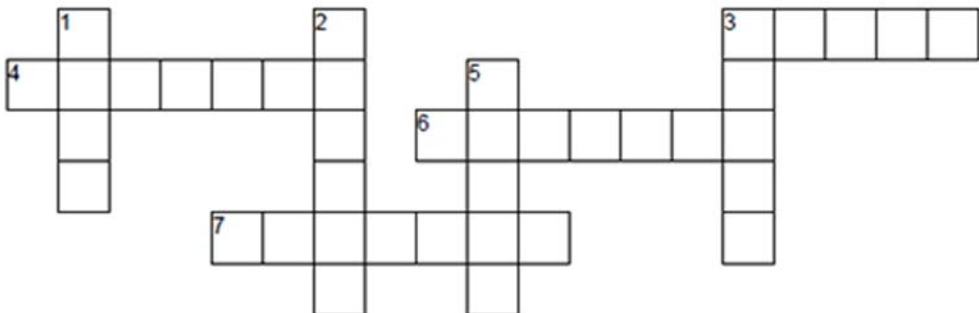
The Woman at the Well

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The puzzle is based on John 4:5-26 (NIV)

- Using the Across and Down clues, write the correct words in the numbered grid below.



ACROSS

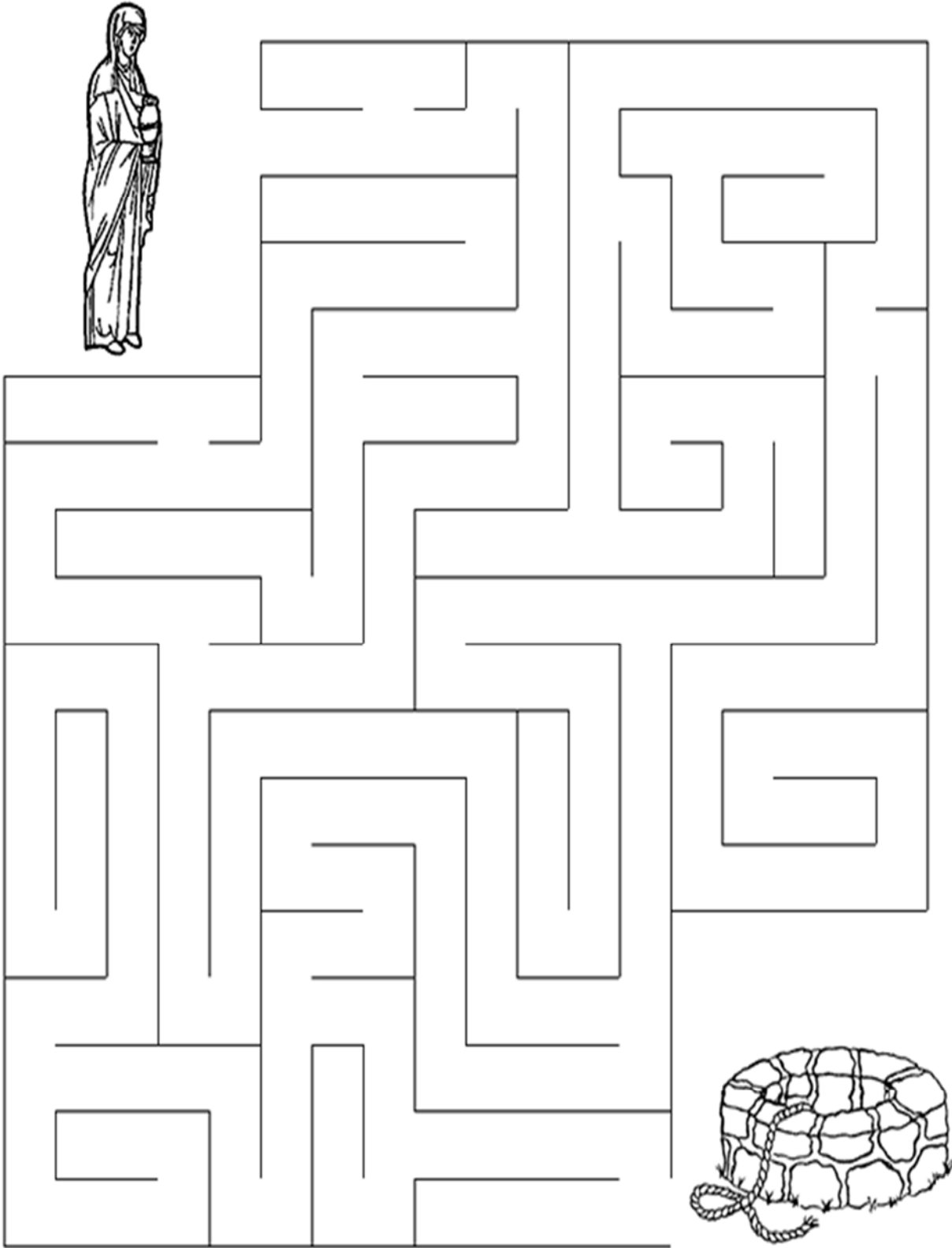
- An adult female
- The one expected to come and save the world
- A person who tells what will happen in the future
- The man to whom a woman is married

DOWN

- A deep hole in the ground from which we get water
- The need or desire to drink something, especially water
- A clear, colorless liquid which is necessary for life
- To take in liquid through the mouth

WELL	WOMAN	WATER	PROPHET
DRINK	THIRST	MESSIAH	HUSBAND

Help the Samaritan woman find her way to the well.



The Thirst Quencher

Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." John 4:10 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
W	S	H	M	Z	G	A	J	Q	V	B	K	P	I	U	F	C	R	N	X	L	T	D	Y	O	E

- 1-26-21-21 _____
- 26-22-26-18-19-7-21 _____
- 1-7-22-26-18 _____
- 2-7-4-7-18-14-22-7-19 _____
- 22-3-14-18-2-22 _____
- 21-14-16-26 _____
- 1-25-4-7-19 _____
- 23-18-14-19-12 _____

WELL	DRINK	WOMAN	WATER
LIFE	SAMARITAN	ETERNAL	THIRST



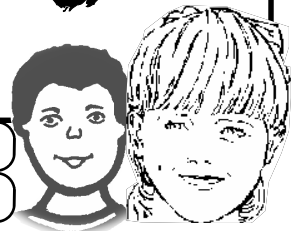
Speak, Lord

S.D.C.
SOCIETAS
DOCTRINAE
CHRISTIANAE
www.sdc.me.uk

Exodus 17:3-7
Psalm 94
Romans 5:1-2.5-8
John 4:5-42

SUNDAY LITURGY FOR CHILDREN

Year A — 3rd Sunday of Lent



Pray these words taken from today's psalm.

Today is the 3rd SUNDAY of LENT



Jesus meets the WOMAN from SAMARIA

Fill in the missing letters and colour in the picture.

GIVE ME
A D _ I _ K

I CAN'T GIVE
W _ T _ R
TO YOU

ANYONE WHO
DRINKS THE WATER
I GIVE WILL
N _ V _ R BE
TH _ R _ T _ AGAIN



SIR,
GIVE ME
S _ M _
OF THAT
WATER.