

MAY 28, 2018



SOLEMNITY OF PENTECOST

MASS DURING THE DAY



ACTS 2:1-11

PSALM 104:1, 24, 29-30, 31, 34

GALATIANS 5:16-25

VENI, SANCTE SPIRITUS

JOHN 15:26-27; 16:12-15

REFLECTION

There's an ancient Cherokee parable a grandfather tells his grandson. In summary, the grandfather tells the boy about two wolves inside of everyone. One wolf is evil and filled with anger, resentment, and hate. The other is good, showing love, joy, and peace. The grandson asks which wolf is stronger. The grandfather's response? "Whichever one you feed." Today is the birthday of the Church. The readings for Pentecost remind us to live a life devoted to spiritual things rather than works of the flesh. In your life, which of these do you feed? Do you spend more time devoted to jealousy, anger, quarrels, or pleasure? Or do you focus on patience, kindness, generosity, faithfulness, and self-control? When you are guided by the Spirit, you devote your time to cultivating your spiritual life. Our culture, through the media, encourages the opposite. It is up to you to decide which you will feed.

ACTION

This week, celebrate Pentecost with a party! Your celebration should involve friends, good food, and a fabulous dessert. Red is the liturgical color for Pentecost, so you might want to use red decorations or napkins. Make punch and offer a toast to the birth of the Church and to your continued spiritual growth as Christians. Sing, dance, laugh, and overflow with the joy of the Spirit, just as the disciples did!

JOURNALING QUESTIONS

- Where in your life do you feed the works of the flesh rather than the gifts of the Spirit? In what ways can you focus your energy on my spirituality?
- At Pentecost, the bystanders must have thought the Apostles were crazy, but they didn't care. They were filled with the Spirit to the point where other people's opinions didn't matter at all. When are you filled with the Holy Spirit?
- Do other people's opinions matter to you in those moments?